



"The Hub was a welcoming place, and it had a good range of services"

1st Friday of every month,
Donnington Community Hub,
TF2 7PR 9.30-11.30am

MAY 1	JUN 5	JUL 3
AUG 7	SEP 4	OCT 2
NOV 6	DEC 4	JAN 8
FEB 5	MAR 5	

3rd Tuesday of every month,
Silver Threads Hall,
TF2 8AD 3.30-5.30pm

MAY 19	JUN 16	JUL 21
AUG 18	SEP 15	OCT 20
NOV 17	DEC 15	JAN 19
FEB 16	MAR 16	

For more information email alan.watkins@thesilverthreadshall.org.uk



Next Live Well Community Hub

Friday 3rd July

9.30am until 11.30am

Donnington Community Hub
TF2 7PR



Protect, care and invest
to create a better borough



Telford and Wrekin's all-age community directory

'Helping everyone find the support they need
to live healthy independent lives'



Information,
advice and
guidance



Things to do



Community Hubs
and the Independent
Living Centre



Managing
Health and
Wellbeing



Children, Young
People and
Families



Special
Educational Needs
and Disabilities



Housing and
Accommodation



Employment
and Education

Have you registered your service, club or group on Live Well Telford?

livewell.telford.gov.uk



Live Well Telford is Telford & Wrekin's All- Age Community Directory

Helping everyone find the support they
need to live healthy independent lives

- Things To Do
- Managing Health & Wellbeing
- Employment & Education
- Community Hubs & Independent Living Centre
- Information Advice & Guidance

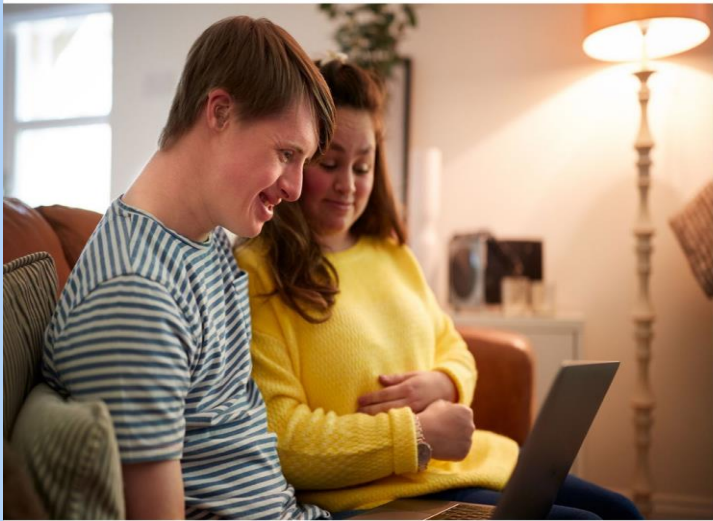
Visit www.livewell.telford.gov.uk

Or Access Live Well via our Tablet
within the Live Well Community
Hub



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough



Do you know where to go for adult social care services?

- Information, advice and online services
- Request adult social care support
- Care and support emergencies and safeguarding

Find information, advice, services and more at:
www.telford.gov.uk/kwtg

Where to go for Adult Social Care Services to get information, advice and online services or request adult social care support visit

www.telford.gov.uk/kwtg

You can always speak to Andy from the Independent Living Centre for help, support and advice.



Protect, care and invest
to create a better borough

Telford
online



DIGITAL DROP IN SUPPORT

FREE

Would you like to feel confident using your mobile phone, tablet, laptop or library computer?

Let us help you to understand your device functions, such as using Apps, connecting and using the internet safely, using email or if you have a specific digital query, please ask us. Supported by our digital champion volunteers we can provide you 1-2-1 support.

Just turn up, no booking required, make sure to bring your device too!

Donnington Community Hub, TF2 7PR
1st Friday each month, 9.30 – 11.30

Silver Threads Hall, Donnington, TF2 8AD
3rd Tuesday each month, 15.30 – 17.45



For more information: www.telford.gov.uk/telfordonline or call 01952 380000



Digital Drop in Support

Designed to help you to understand your device functions, such as using Apps, connecting and using the Internet Safety

Available at the Live Well Community Hub

1st Friday of Every Month 9.30am until 11.30am
Donnington Community Hub TF2 7PR

3rd Tuesday of Every Month 3.30pm until 5.30pm
The Silver Threads Hall TF2 8AD

Speak to Jolene who can help and support you



Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough | Telford and Wrekin FAMILY HUBS

PARENTING TOGETHER

AN ONLINE INTERACTIVE 4 WEEK PROGRAMME

Week One: Parental Wellbeing, Family Scripts, Understanding Behavior as Communication

Week Two: Building Secure Attachment, Fostering Positive Relationships and Emotional Regulation

Week Three: Setting Boundaries, Exploring Consequences and Promoting Positive Parenting

Week Four: Keeping Children Safe - Online, Offline and in the Community

MORNINGS, AFTERNOONS AND EVENINGS AVAILABLE

To book your space, scan QR code or visit www.telfordfamilyhubs.co.uk
Booking form located in parenting section of website.

Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough | Telford and Wrekin FAMILY HUBS

ARMY BE THE BEST | Army Welfare Service Community Support

ARE YOU A PARENT IN THE ARMED FORCES...

...OR IS YOUR PARTNER SERVING?

We understand how challenging it can be to meet other parents and build connections - especially when you move around.

Come along for a friendly cuppa and a chat with others who get it!

PLEASE BOOK VIA THE QR CODE by Monday lunchtime for that week to let the gate know to expect you.

Every other Wednesday from 8 October, 1-2.30pm

at building V9, Venning Barracks, Donnington
Please note: parents and carers will need to bring photo ID

BEST START IN LIFE | Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough | Telford and Wrekin FAMILY HUBS

Read, Talk and Create

Join us for a free 4-week fun and engaging programme for parents, carers and children aged 0-5 years

Each session is packed with an exciting story, hand-on-craft and playful activities. These interactive sessions help support your child's:

- Language and communication skills
- Listening and attention
- Imagination and creativity
- Confidence through play and story telling

www.telfordfamilyhubs.co.uk

4th June, 11th June, 18th June and 25th June

Each week explores a different theme, so we encourage families to attend all 4 sessions

Oak Family Hub, The Wakes, Oakengates, TF2 6EP

1:30-2:30PM

Spaces are limited - book early by emailing telfordfamilyhubs@telford.gov.uk or call 01952 385465

Family Hubs are a place in your own community that provide signposting and support for all parents and their children.

Getting help and support from Family Hubs is simple you can either call 01952 385465 or see the team at the Live Well Community Hub

Posters highlight some of the programmes that are currently being run & Drop-In Groups in the local area



Armed Forces Community
Drop In Activates and how to access help and support.

Speak to Cindy or Nichola

NEWPORT ARMED FORCES COMMUNITY DROP IN

Welcoming veterans, serving personnel and armed forces families to connect with each other socially and for signposting to access services

ROYAL NAVAL ASSOCIATION
NEWPORT (SHROPSHIRE) BRANCH

ARMY

LAST WEDNESDAY OF THE MONTH
1000 - 1200 hrs
Royal Naval Association Club
Bellmans Yard
Newport
TF10 7AJ

Telford & Wrekin Strategic Council Protect, care and invest to create a better borough Proudly supporting Armed Forces

JOIN OUR COMMUNITY TODAY ARMED FORCES COMMUNITY

CRAFT & SEWING
INSTRUCTION FROM OUR COORDINATOR

SECOND FRIDAY OF THE MONTH

Space for veterans, serving personnel and armed forces families to connect with each other socially and enjoy craft activities.

1pm - 3pm
FREE REFRESHMENTS & SOME FREE ACTIVITIES

Donnington Community Hub
St Matthews Road
TF2 7RB

NEW

Telford & Wrekin Strategic Council Protect, care and invest to create a better borough Proudly supporting Armed Forces

 Protect, care and invest to create a better borough 	
TELFORD & WREKIN ARMED FORCES COMMUNITY OUTREACH EVENTS & ACTIVITIES – APRIL 2026	
ACTIVITY	DATE & TIME
Armed Forces Community Cafes*	1600 to 1800 hrs – Wednesday 1 st & 15 th April. Turreff Hall, Donnington, TF2 8HG.
	1400 to 1600 hrs – Monday 13 th & 27 th April. Dawley House, 22 Burton Street, Dawley, TF4 2ES.
Models for Heroes Sessions for Veterans and Emergency Services Personnel.	1330 to 1630 hrs – Tuesday 7 th & 21 st April Leegomery Community Centre, Leegomery, TF1 6XR.
	1330 to 1630 hrs – Tuesday 14 th & 28 th April. St Georges & Priorslee Parish Council, Grove Street, St Georges, TF2 9LJ.
	1300 to 1600 hrs – Friday 10 th & 24 th April Telford Central Fire Station, Stafford Park, TF3 3BW.
	1800 to 2100 hrs – Wednesday 8 th & 22 nd April Wellington Library, TF1 1LX.
Armed Forces Community Drop-In Sessions	1330 to 1630 hrs – Wednesday 1 st & 15 th April The Hub on the Hill, Sutton Hill, TF7 4HG.
	1000 to 1200 hrs – Thursday 2 nd April Sambrook Centre, Grange Avenue, Stirchley, TF3 1FL.
Art Classes for our Armed Forces Community & Veterans Lunch	1000 to 1130 hrs – Wednesday 29 th April Newport Navy Club, Bellman's Yard, High Street, Newport, TF10 7AJ.
	0930 to 1130 hrs – Every Thursday Donnington Community Hub, St Matthews Road, Donnington, TF2 7PR (no cost for class). Followed by Veterans' Two Course Lunch & Hot drink for £5.00.
Armed Forces Craft & Sewing Group	1300 to 1500 hrs – Friday 10 th April Donnington Community Hub, St Matthews Road, TF2 7PR.
Armed Forces Community Lunch	1230 to 1400hrs – Thursday 2 nd April Stirchley House, Grange Avenue, TF3 1AA
Armed Forces Tea & Toast Drop-In	1000 to 1130hrs – Friday 17 th April Lawley Community Hub, Birchfield Way, Lawley, TF3 5BZ
Live Well Hubs	0930 to 1130 hrs – 1 st Friday of each month Donnington Community Hub, St Matthews Road &
	1530 to 1745 hrs - 3 rd Tuesday of each month Silver Threads Hall, Wellington Road, Donnington, TF2 8AD.

*The Cafes are funded by Telford & Wrekin Council, run by Telford Mind and supported by their Town & Parish Council. For further information, about any of the above, or if you have suggestions for future events, please contact: armedforcescovenant@telford.gov.uk or phone the Telford & Wrekin Council's Armed Forces Covenant Team on Tel: 01952 384472.



Sleepstation

When we sleep better, we live better

Expert advice and support for sleep problems.
No waiting lists. Free to access.



"Struggling with sleep?"

Donnington Medical Practice patients now have access to **Sleepstation** – an online support programme for insomnia and sleep problems. **No GP appointment needed** – you can self-refer directly.

Visit www.newportandcentralpcn.co.uk for more information."

Meet your DONNINGTON MEDICAL PRACTICE ADDITIONAL ROLES TEAM



Catherine Willetts
First Contact Physiotherapist



Kate Stant
Paramedic



Inderjit Konkon
Clinical Pharmacist



Louise McMullen
Cancer Care-Coordinator



Emma Smith
Mental Health Practitioner



Laura Germain
Pharmacy Technician



Megan Walker
Pharmacy Technician



Leanne Vincent
Social Prescriber



Ben Barlow
Social Prescriber

For more information about the Newport & Central PCN ARRS Team, visit
www.newportandcentralpcn.co.uk

"Meet your Donnington Medical Practice Additional Roles Team

They're the friendly faces behind many of Newport & Central PCN services, helping patients access the right care and support — without always needing to see a GP."

Why not have a chat with Ben the Social Prescriber

**NEW DIGITAL
QUERY FORM**

If you are registered with Donnington Medical Practice, feel free to use our Digital Query form to ask us any questions you may have regarding your health online.

- NHS App Support ✓
- General Digital Support ✓
- Sleepstation Guidance ✓
- Signposting to local services ✓

SCAN ME!

www.newportandcentralpcn.co.uk

"Struggling with the NHS App or accessing NHS health services online?
Fill out our Digital Query Form for guidance and support. Whether we can answer your query directly or direct you to the right support, we're always happy to help you overcome digital barriers."

The Wrekin
Housing Group

Are you a **Wrekin customer** worried about money?



We can help with:

- Welfare benefits, claims for Universal Credit, PIP and more
- Reducing your energy bills and keeping warm
- An exclusive Home Contents Insurance offer
- Help in a financial crisis
- Managing your rent and household bills
- Free, regulated debt advice

Our **Money Matters team** offer free expert advice and guidance around debt, energy, household bills and welfare benefits.

Call us on **01952 217234**, or email: money.matters@wrekin.com

Visit www.wrekin.com/advice or scan the QR code for more information



JUST Credit Union

SAVINGS & LOANS



Just CU is a not-for-profit financial co-operative, owned by and run for its members. It provides a safe home for savings plus loans based on affordability.

Just CU understands the pressure on the household purse and supports its communities with safe money management. We provide ethical savings and loans.

If you are from the Telford & Wrekin area, you can apply for a small loan from £50. We make sure any loan is affordable plus we set up a savings account, to help build up a savings pot for the future.

Learn more: 



Anyone who lives or works in Shropshire, Telford & Wrekin, Herefordshire, Wye Valley, Malvern Hills, Worcester, Stafford, Newcastle Under Lyme, South Staffordshire, or Stoke-on-Trent is eligible to join.



The Wrekin Housing Group Team attend the Live Well Community Hub on the following dates

Friday 3rd July 9.30am until 11.30am
Donnington Community Hub

If you're a Wrekin Customer the team can help and support you on several things including reducing your energy bills and keeping warm, managing your rent and household bills.

Wellbeing, Belonging and Moving for Mental Health project

Activities for the residents of Donnington who are living with Severe Mental Illness.

To improve the physical health, mental wellbeing and a sense of belonging for local people living with a severe mental illness, activities are currently being offered locally including:

- ⚽ Football in Shrewsbury on a Monday afternoon
- ⚽ Football in Telford on a Tuesday morning
- 🏆 Multi-sports in Shrewsbury on a Tuesday afternoon
- 🧘 Gentle exercise in Shrewsbury on Wednesday afternoon
- 🎾 Tennis in Telford on a Thursday morning

Activities are open to anyone living with a severe mental illness (SMI), regardless of medication type.

If you're living with SMI, feel free to join any session that works best for you.

For more information and to get involved email ActivitiesSMIPH@mpft.nhs.uk



Move to Thrive – for residents living with dementia

Do you know someone in Donnington or surrounding area who is living with dementia?

If so read on about our Move to Thrive project, which offers group Movement to Music Sessions on Tuesdays from 10:45am – 12:00pm and Thursdays from 1:30pm – 2:45pm, at Oakengates Rest Rooms, Charlton Street, Oakengates, TF2 6BS, costing £5 per person with dementia (carers attend free).

Specially designed for people with dementia and their carers, these sessions are led by qualified instructors and include time for socialising and refreshments.

For those needing help attending sessions, trained support workers are available to accompany participants. Contact the team to learn more or to book support.

For individuals unable to attend group sessions, a bespoke Movement to Music session can be delivered at home for just £5.

All bookings can be made via referral or self-referral.

Booking essential via 01743 360641 or enquiries@community-resource.org.uk

Volunteers are also being recruited to help meet-and-greet the people who come to the group movement to music sessions.

For more information about the Move to Thrive project please search online for "Move to Thrive Telford".



Join our new gentle exercise classes today **#MovingOn** with locations throughout Telford.

Check out our #MovingOn timetable at fit4all.org.uk

Moving On, a gentle exercise class tailored for individuals aged over 50, are taking place at a venue near you!

The Moving On classes mix seated and standing movement, aiming to promote mobility, strength, and balance and provide a place where you can enhance your fitness levels and help you to stay steadier on your feet.

Classes will also support you to be stronger and steadier, significantly reducing your risk of cardiovascular disease, falls, depression, dementia, joint and back pain, obesity and various cancers.

Your local class takes place at Turreff Hall, Donnington, TF2 8HG, on Thursdays from 13:30 - 14:30.

Led by qualified and friendly Fit4All instructors, the Moving On classes are made accessible with Telford & Wrekin Council's support, priced at £3 per session or £10 for 4 sessions when pre-booking four sessions.

For more details call 01952 908738.

CUSTOMER SERVICE COURSES

Love working with people?
Job hunting or already in a customer-facing role?
Great service makes all the difference!
Join our course to discover what makes great customer service
Boost your confidence, employability, and gain a qualification too.

▶ Donnington Community Hub - Introduction (Wednesdays)

Start date: 22nd April 2026
End date: 1st July 2026
Time: 09:30 - 12:30
To register, text/call **07976 100524**

▶ Dawley Social Club - Level 2 (Tuesdays)

Start date: 3rd March 2026
End date: 23rd June 2026
Time: 09:15 - 13:15
To register, text/call **07528 979376**
Entry requirements: Level 1 or relevant experience

Eligibility: Adults aged 19+.
Course fee may apply, subject to eligibility.



scan to register

Upcoming Courses from Learn Telford

April 2026 Customer Service Courses running at
Donnington Community Hub

Boost your confidence, employability and gain a
qualification too.

To register Text or Call
07976 100524





The Silver Threads Hall

- Damson Family Hub running several groups for all ages of children
- Live Well Community Hub Every 3rd Tuesday of the Month 3.30pm until 5.45pm
- We run many groups including Yoga, Sound Baths, Youth Clubs, Books & Games Club
- See Poster for more information and booking Information

KIDS CAFE
Play, Move & Thrive Through Sports

EVERY FORTNIGHT
Starting **Friday 9th January 2026**

5:30PM - 7:00PM
THE SILVER THREADS HALL
WELLINGTON ROAD, DONNINGTON
TELFORD, TF2 8AD

£2 PER CHILD

OPEN TO CHILDREN AGED 7-14 YEARS

Multi Sports, Mindfulness, Mental Health Support, Healthy Lifestyles Wellbeing

For more information or to book:
alan.watkins@thesilverthreadshall.org.uk

Pride in Our Community, Allsports Coaches Coaching Academy, The Silver Threads Hall

The Silver Threads Hall
Lawndale, Wellington Road, Donnington
TF2 8AD
www.thesilverthreadshall.org.uk
Follow us on Facebook

What's On: Updated 26.08.2025 September, October, November & December

Monday:
Get Connected Session 1.30pm until 3.00pm running for six weeks from Monday 29th September until Monday 3rd November. Six-week programme to support you to getting connected online. Details of how to book on to the session will be out soon and will be shared on our Website and Facebook Page.
Women's Breakfast Yoga 7.30am until 8am runs weekly starting from Monday 15th September. Gentle yoga for women experiencing the menopause and perimenopause. Sessions can be attended in person or online. £3.00 per session booking is essential via www.jennalairiyoga.co.uk
FREE Cooking On Budget- Six Week Course Starting Monday 15th September until Monday 20th October 10am until 11.30am. Open to any families with a child 0 to 2 years old. The child is welcome to attend the session, learn new skills over six weeks with your child in a friendly and welcoming setting you will be shown how to make health meals, be able to taste and take away recipes. Spaces are very limited and although the course is free you will need to ideally come to all six sessions to get the best out of the course. To sign up or for more info please email alan.watkins@thesilverthreadshall.org.uk

Tuesday:
Messy Tuesday 10.00am to 11.30am. Aged 0 to 5 Years. Cost is £3.50 Per Child Per Session. Drop In No Need to Book. The aim of the group is to offer a friendly social and safe environment for families we have regular drop ins from Telford Mind, Armed Forces Partnership and other organisations that offer help and support. To offer a wide range of activities to enhance little ones learning from soft play to messy play. We also offer a different craft & messy play activity each week. We offer a healthy snack and drink within the session.
Yoga Bohemian 6.30pm until 7.30pm, followed by Meditation at The Silver Threads Hall from 7.45pm to 8.30pm Bookings must be made in advance. Experience a blissful hour of yoga for a healthy body and mind - mixed ability Hatha Yoga - beginners most welcome. Suitable for all ages 18 upwards. Mats available, please wear loose comfortable clothing. Please arrive a few minutes early to fill out a short information form before your first practice. The meditation encourages deep relaxation and improves concentration. For more information or to book your place please contact Cheryl on 07855 861288.

Wednesday:
Yoga Bohemian every Wednesday from 10am until 11am. Are you looking for ways to get some time for yourself? Then why not try Yoga with Yoga Bohemian and throw yourself into a blissful hour of yoga for a healthy body and mind. The sessions are a blissful wellbeing gathering for all levels of experience. For more information or to book your place please contact Cheryl on 07855 861288.

Yoga Bohemian every Wednesday from 6.30pm until 7.30pm, then on the 1st Wednesday of every month join our Drumming Circle from 8pm to 9pm. Bookings must be made in advance. Experience a blissful hour of yoga for a healthy body and mind - mixed ability Hatha Yoga - beginners most welcome. Suitable for all ages 18 upwards. Mats available, please wear loose comfortable clothing. Please arrive a few minutes early to fill out a short information form before your first practice. The meditation encourages deep relaxation and improves concentration. For more information or to book your place please contact Cheryl on 07855 861288.

Thursday:
Sugar Craft 10.00am until 12.00pm. Aged 18+ Years. Cost is £50.00 for ten weeks. Running Dates for the current 10-week course are Thursday 18th & 25th September, Thursday 2nd, 9th & 16th October, Thursday 6th, 13th, 20th & 27th November & Thursday 4th December. Bookings must be made in advance please see contact details below. The aim of sugar craft is to learn about how to make beautiful flowers, leaves, animals or just about anything in sugar-paste. If you already have some knowledge of using sugar-paste and would like to know more then this is the class for you. We have a fantastic tutor, Helen Stevens who has a wealth of experience and talent to share. Contact Helen on 07951545339 to book your place or for more information, a free Taster Session for new members.
Sound Bath with Flower of Life Sound Therapy runs the 1st Thursday of every month from 7pm-8.15pm. Bookings must be made in advance. Experience deep relaxation and the therapeutic vibrations of instruments including Himalayan singing bowls, gongs, chimes, and crystal singing bowls, as your body absorbs sound frequencies on a cellular level. Let go of stress, anxiety, and stuck energies with this deeply transformative experience. For more information or to book, please visit <https://www.floweroflifesoundtherapy.co.uk/> or contact Nikki on 07880 734993.
Yoga Bohemian runs the 2nd Thursday of every month from 7pm until 9pm. Bookings must be made in advance. Join us for the Women's Circle and experience a blissful yoga session for a healthy body and mind. For more information or to book your place please contact Cheryl on 07855861288.

Meditation Class with Flower of Life Sound Therapy runs the 3rd Thursday of every month from 7pm-8pm. Bookings must be made in advance. Enjoy a full hour of guided meditation in this highly alchemical meditation class. During the session, we will use ancient yogic breathing techniques to cleanse and clear the chakras, enabling a deep connection into the soul. Connect with your inner self and feel into the soul as you break down density and shift stuck energies in this powerful meditation session. A truly transformational experience. For more information and to book, please visit <https://www.floweroflifesoundtherapy.co.uk/> or contact Nikki on 07880 734993.

Donnington Books & Games Club runs the 4th Thursday of the month running time of 7.00pm until 8.30pm. Open to Adults over the age of 18, children over the age of 16 are welcome to attend with an adult. Play cards, Chess, Dominoes and Read Books. Cost is £1.00 for Games £3.50 for Books. For more information, please call or text 07948094272.

Friday:
Bump to Baby runs every Friday starting Friday 5th September from 10.00am until 11.00am. Aged 0 to 2 Years Old or If Pregnant. Cost is £50 per Adult which includes a Hot Drink and £2.00 Per Child. Peer Support group offering friendly advice from other mums and dads as well as regular visits from Telford Mind, Breastfeeding Network, Eatwell Team, Family Hubs, Health Visitors and other services. Children can enjoy playing with a huge range of toys including Soft Play & Sensory Sets. Hot Drink and fruit is provided in the session.
Kids Café runs once a fortnight starting Friday 5th September from 5.30pm until 7.00pm. Aged 7 to 14 Years Old. Cost is £2.00 Per Session. Promoting and improving child's mental health through a combination of promoting health lifestyles, wellbeing, mindfulness and multi sports. Drop-In Group, however if you would like to book your child's place, please email alan.watkins@thesilverthreadshall.org.uk

Saturday:
Yoga Bohemian runs every Saturday from Saturday 6th September from 8.30am until 9.30am. Are you looking for ways to get some time for yourself? Then why not try Yoga with Yoga Bohemian and throw yourself into a blissful hour of yoga for a healthy body and mind. The sessions are a blissful wellbeing gathering for all levels of experience. For more information or to book your place please contact Cheryl on 07855 861288.

DONNINGTON & MUXTON PARISH COUNCIL

Some dates for your 2026 diary.



FEB 20	BOOK LAUNCH - 09.30-10.30am The Community Library will be hosting a book launch for a local children's author.
MAR 5	WORLD BOOK DAY - (After school) The community library will be inviting children to drop into the library after school to listen to a story and purchase the selected world book day books with snacks and drinks.
APR 16	ANNUAL PARISH COUNCIL EXPO - 6-7.30pm in Turreff Hall Advice from local services. Info about groups and activities. Speak to Councillors and Council Staff. Free refreshments and light bites.
APR 26	MUXTON SPRING FAIR - with Muxton PTFA - 12-4.30pm. DJ, Entertainment, Rides, Food & Drink, Stalls.
JUNE 1	Brush and Tiddle - Turreff Hall 7-10.30pm Join us for an evening of creativity and relaxation at our social painting parties! Our expert instructors will guide you step by step in creating your very own masterpiece
JULY 14	Over 60's Coach Trip to Llandudno
AUG 11	Family Coach Trip to Barmouth
NOV 22	Donnington Christmas Market & lights switch on
DEC	1st, 2nd & 3rd - Over 60's Christmas Dinner 6th - Kids Christmas Party and Santa's Grotto

Upcoming Events from Donnington & Muxton Parish Council including Muxton Spring Fair, Family Coach Trip & Donnington Christmas Market and Light Switch On.

Get out and about meet new people and boost your wellbeing.



Donnington & Muxton Parish Council Council Contact Information

Parish Clerk / RFO

Lee Jakeman
01952 608001 (Ext 1)
clerk@donningtonmuxton-
pc.gov.uk

Deputy Clerk & Events Officer

Ava Clarkson
01952 608001 (Ext 2)
deputyclerk@donningtonmuxton-
pc.gov.uk

Parish Councillors

Cllr Iain Alexander Muxton	Cllr Nigel Dugmore BEM Muxton	Cllr Richard Overton Donnington East
Cllr Robin Coates Donnington East	Cllr Jay Gough Donnington West	Cllr Sonja Randhawa MBA Muxton
Cllr Fiona Doran (Chair) Donnington West	Cllr Zoe Harrison Donnington West	Cllr Ollie Vickers Donnington West
Cllr Lisa Dugmore Muxton	Cllr Thomas Hoof Donnington West	Cllr Lucy Vickers The Humbers
	Cllr Jenny Urey (Vice Chair) Muxton	

Donnington & Muxton Parish Council Contact Information

Have a local issue you would like to discuss then contact your local parish council using the numbers of the poster.

CLUBS & ACTIVITIES



TURREFF HALL



Arty Party

Tuesday 10.00am-3.00pm
& Wednesday 10.30am-2.30pm

Slimming World

Tuesday 4.30pm-8.30pm

Temple Martial Arts

Wednesday 6.00pm-8.30pm

Sip & Social

Thursday 10am-11.30am

Moving On Fitness

Thursday 1.30pm-2.30pm

Tai Chi

Thursday 7.00pm-8.30pm

Wrekin Quilters

Friday 10.30am-2.00pm

Read Easy

Monday/ Wednesday & Friday Morning

Veterans Cafe

1st & 3rd Wednesday of the Month

Wrekin Housing Group Drop In

Every 3rd Tuesday 3.00pm-4.30pm

Telford Repair Cafe

Once every 6 months



Some of the listed groups and activities are either members only, term time only, restricted to numbers or have waiting lists, so we advise enquiring first. Please contact us on 01952 608001 (opt 3) or email: events@donningtonmuxton-pc.gov.uk

Local Clubs & Activities taking place at Turreff Hall

Including

- Tai Chi
- Read Easy
- Wrekin Housing Group Drop In
- Moving on Fitness

Contact 01952 608001 for more information





The poster features a large photograph of a group of people sitting around a table in a meeting room. To the right of this photo are two circular inset images: the top one shows a group of people in a meeting, and the bottom one shows a group of people sitting at a table. Below the main photo is the 'Donnington Together' logo, which consists of a stylized tree with green leaves and a blue trunk, followed by the text 'Donnington Together' in blue. Below the logo is the text 'RESIDENTS MEETING' in large, bold, green capital letters. To the left of the megaphone icon is the text 'Have your voice heard and let's make Donnington stronger together.' in yellow. To the right of the megaphone icon is the text 'Come along to a local residents meeting where we discuss all things Donnington.' in blue. Below this text is a yellow megaphone icon. At the bottom of the poster is a pink curved banner with the text 'A space for residents to share their views, shape local priorities, and influence the work happening in Donnington to build a stronger, healthier, and more connected community.' in white. Below this banner are three calendar icons, each with a date and location: '18th May Turreff Hall', '8th June The Silver Threads Hall', and '6th July Turreff Hall'. At the bottom of the poster is the text 'Meetings are 5:30 PM to 7:00 PM' in white, followed by 'For more information contact Joe at joseph.doody@energizestw.org.uk' in white.

Donnington Together

RESIDENTS MEETING

Have your voice heard and let's make Donnington stronger together.

Come along to a local residents meeting where we discuss all things Donnington.

A space for residents to share their views, shape local priorities, and influence the work happening in Donnington to build a stronger, healthier, and more connected community.

**18th May
Turreff Hall**

**8th June
The Silver Threads Hall**

**6th July
Turreff Hall**

Meetings are 5:30 PM to 7:00 PM

For more information contact Joe at joseph.doody@energizestw.org.uk

Are you passionate about making a positive impact in your community.

Donnington Together is a space for residents to share their views, shape local priorities and influence the work happening in Donnington to build a stronger, healthier and more connected community.

The join us at our next residents meeting

 6th July

 5.30pm until 7.00pm

 Turreff Hall

Events Happening in the Community

**DONNINGTON & MUXTON
PARISH COUNCIL**



**ANNUAL
COACH TRIPS**

**OVER 60'S TRIP TO LLANDUDNO
TUESDAY 14TH JULY**

**FAMILY COACH TRIP TO BARMOUTH
TUESDAY 11TH AUGUST**



MORE DETAILS TO FOLLOW SOON

 DEPUTYCLERK@DONNINGTONMUXTON-PC.GOV.UK

 **01952 608001**

DONNINGTON SUMMER LITTER PICK



THURSDAY 30TH JULY 10AM - 12:30

MEETING FROM 10AM AT DONNINGTON COMMUNITY HUB
(ST MATTHEWS RD, TF2 7PR) PLEASE ARRIVE BY 10.15AM

WE WILL BE HEADING OUT IN GROUPS ACROSS DONNINGTON
PICKERS, HI VIS'S AND BAGS WILL BE PROVIDED

COMPLIMENTARY REFRESHMENTS WILL BE AVAILABLE
BEFORE AND AFTER THE LITTER PICK AT THE HUB

**ANY QUESTIONS PLEASE CONTACT
SIMON.HAYDON@TELFORD.GOV.UK**



Come and join

**DONNINGTON
BOOK
CLUB**



Join us on the 3rd
Wednesday of every
month in Turreff Hall.
1:30pm to 3pm

Everyone is welcome to
come along and discuss
their latest reads.

Refreshments are
available.

07948 094272