

SWEET TREATS, HEALTHY EATS

**DONNINGTON WOOD
JUNIOR
SCHOOL**

**Monday 19th February
Monday 18th March
2024**

5 Week Course

12.45 - 2.45 pm

**FREE
COURSE**



Come along and join us with your child for this fun, free course at Donnington Wood Junior School.

This course is designed to show you and your child how to work together to cook easy meals and snacks at home, demonstrating how to include sweet treats along with healthy options.

This hands-on course is suitable for those wanting to build their confidence in the kitchen, develop essential cookery skills and learn about balancing sweet treats with healthy alternatives. The course will also provide advice and activities to help you to budget your meals to be both affordable and tasty..

No experience needed. All resources provided. FREE CRECHE

All cooking ingredients and equipment will be provided on this course.

Register your interest online;

<https://www.learntelford.ac.uk/PublicSites/CreateFromCourse/7933074>

SWEET TREATS, HEALTHY EATS

To register your interest for this course please click on the link;

<https://www.learntelford.ac.uk/PublicSites/CreateFromCourse/7933074>

OR please return your slip to your School Administrator to book your place on the Sweet Treats, Healthy Eats course at **Donnington Wood Junior School** starting on **Monday 19th Feb - 18th March 2024** from **12.45 - 2.45 pm**

Name of adult attending.....

Telephone number.....

Email Address.....

Crèche Required? YES/NO

For any support with Registering;
01952 382888
support@learntelford.ac.uk

