

Donnington Wood CE Junior School SEND Newsletter Spring Term 2024



The purpose of our newsletters is to give you information about SEND at Donnington Wood CE Junior School and provide up to date information about support in the Telford and Wrekin area.



Mrs Joanne Jenks SENDCO Donnington Wood CE Junior School

Contents of this newsletter:

- SEND in focus -Sensory Processing Disorder (SPD)
- Support for SPD in school
- SEND Support in Telford and Wrekin

As Donnington Wood Junior's Special Educational Needs and Disability Coordinator (SENDCO), I am here to offer support and advice regarding additional needs or SEND support for your child. As a school, we value the engagement of our parents so please do not hesitate to get in touch if you have any questions. My contact email address is: <u>a3035@taw.org.uk</u>

Alternatively, you may find further information about our SEND provision on our SEND Information Report at:

https://donningtonwood.files.wordpress.com/2024/01 /dwj-information-report-23-24.docx

SEND local offer

For further information about the Telford and Wrekin SEND offer, please see the link below: https://www.telfordsend.org.uk/site/index.php











SEND IN FOCUS

Hearing the words 'Special Educational Needs' or 'Learning difficulty' can be a worrying experience for parents especially if little is known about the different 'terminology, phrases, conditions and diagnosis that are often talked about by professionals.

At Donnington Wood Juniors, we want to help parents to make sense of the 'jargon' and give some guidance, advice and ways you can help and support your child at home.

Sensory Processing Difficulties (SPD)



Sensory Resources for parents:

https://www.nhsggc.org.uk/media/2554 31/making-sense-of-your-sensorybehaviour.pdf

<u>https://bridgewater.nhs.uk/wp-</u> <u>content/uploads/2024/01/Sensory-</u> <u>Handbook-Parents.pdf</u>

https://www.catcoteacademy.co.uk/wpcontent/uploads/2020/07/sensoryprocessing-booklet-for-parents.pdf

What does sensory processing mean?

We have eight different sensory systems, five of them are more well known, and three of them you may not have heard of before. They are: visual, auditory, smell (olfactory), gustatory (taste), tactile, vestibular (movement), proprioceptive (balance) and interoception (internal organs).

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Everybody experiences the world in different ways, sometimes the way your body processes sensory information can make it difficult to join in with daily life or experiences.

Understanding sensory processing and your child:

<u>Children's Occupational Therapy - Understanding Sensory</u> <u>Processing | NELFT NHS Foundation Trust</u>

The links below will take you to videos provide additional information about sensory processing:

Understanding your child's senses:

Understanding your child's senses (youtube.com)

Superhero Rocks for regulation:

https://youtu.be/l6 ut8QVr7c

'Hands on' technique for regulation:

8. 'Hands on' technique for regulation - YouTube

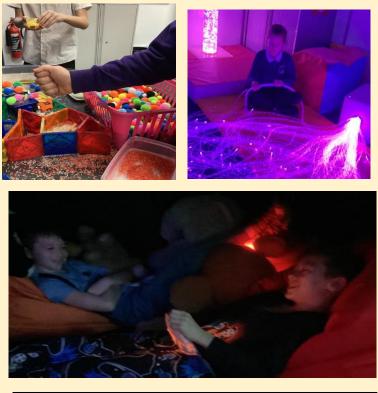
If you have any worries or queries, please contact Mrs Jenks.

How do we support Sensory Processing Difficulties (SPD) in school?

We visit the Sensory Room at PODs each Friday with a group of children to support their sensory needs. These visits not only give the children the opportunity to explore their needs for themselves and become more self-aware, but it also gives staff the opportunity to observe the children so that we can support them back in the classroom.



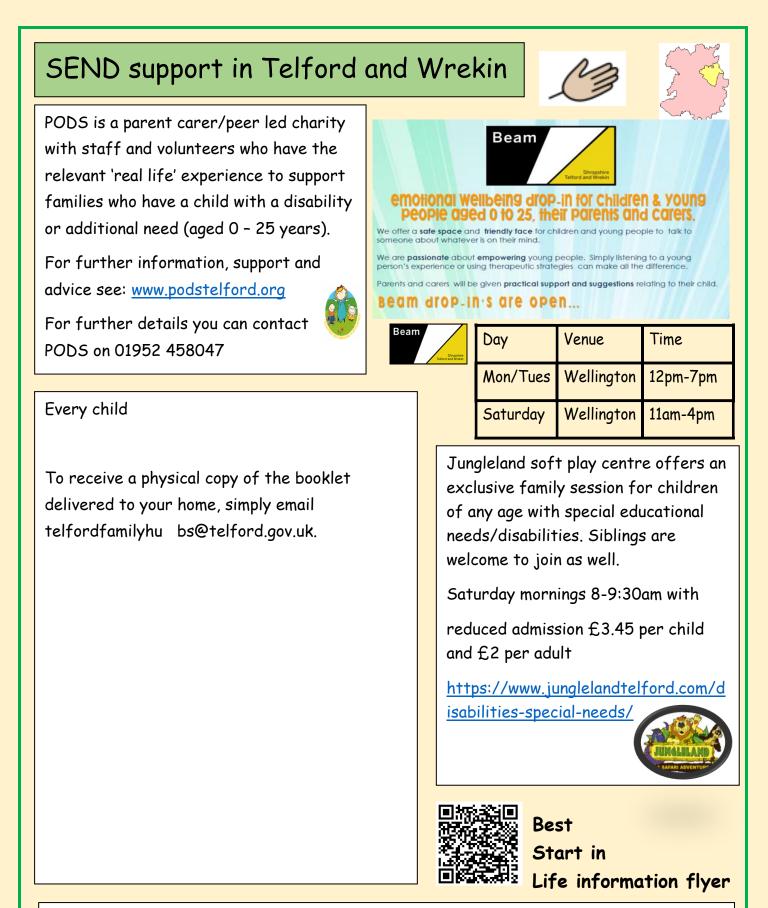
In the classroom, we make adjustments to support the children with SPD. These adjustments include, but are not limited to, chew toys, time-out cards (calming and stimulating activities), fidget toys, ear defenders, weighted lap weights, rising tables and wobble cushions.



Sessions can be booked to visit the PODS sensory room. Enjoy the array of lights and sensory toys available at our sensory room. £3 per child and siblings are welcome.

<u>https://www.ticketsource.co.uk/Parents-</u> <u>Opening-Doors-PODS/e-dgdmjd</u>





Area 51 are offering weekly SEND sessions at the popular trampoline park. Music will be lowered and lights dimmed to ensure children are not over stimulated.



Tuesday/Wednesday 6pm - 7pm, 1hr session only £7.50

1 carer free entrance (must be over 18 years old)

https://airea51.co.uk/activities-classes/sen-sessions/



PODS WARM PACKS

Embracing warmth in times of need! Our community cares, and we're offering free warm packs for families amidst the cost of living crisis. No eligibility criteria - just warmth and support for everyone.

Join us in spreading comfort and unity during challenging times. Together, we make a difference.

One pack per family, contact: louise@podstelford.org to request a pack.





