



Donnington Adult Learning Courses January 2017

Venue	Course/Activity	Dates	Time	Details
Lifelong Learning Centre, Donnington	Introduction to Child Psychology	<u>Course Dates</u> Wednesday 18 January – 8 February	1pm – 3pm	A free introductory short course on child behaviours and emotional/social development. Suitable for parents, carers and professionals seeking baseline knowledge.
Lifelong Learning Centre, Donnington	The January 'Health Kick' cookery course	<u>Course Dates</u> Thursday 19 Jan Thursday 9 Feb	12.30pm – 2.30pm	A free short course on healthy cookery on a budget. Learn simple new recipes that are suitable for those currently on SW, WW or just interested in eating more healthily
Lifelong Learning Centre, Donnington	Improve your moods through Arts and Crafts	<u>Course Dates</u> Tuesday 10th Jan -Tuesday 14th Feb	9.30am- 12.00pm	A free short course designed to be both educational and therapeutic. Open to anyone but particularly useful for individuals who experience anxieties and/or low confidence.
Lifelong Learning Centre, Donnington	Introduction to Computing	<u>Course dates</u> Thursday 5 th January -Thursday 25 th January	9.30am- 11.30am	A free short course suitable for complete beginners or those with limited I.T. ability
Lifelong Learning Centre, Donnington	Job Junction	Every Tuesday	2pm – 4pm	A 'drop in' session for advice on training and looking for work

For more information, or to book on please contact the Telford Job Box on 01952 382888 or 388623. Alternatively, please text 07973812639