



Helpful Sun Tips



Children's skin needs protection from the sun's harmful ultraviolet (UV) rays when ever they're outdoors. Here are some useful tips that may help to protect your children.

- **Seek shade.** If this is not possible, seek shade under a tree, an umbrella, or a pop-up tent. Use these options to prevent sunburn, not to seek relief after it's happened.
- **Cover up.** When possible, long-sleeved shirts and long pants and skirts can provide protection from UV rays.
- **Get a hat.** Hats that shade the face, scalp, ears, and neck are easy to use and give great protection. Baseball caps are popular among kids, but they don't protect their ears and neck. If your child chooses a cap, be sure to protect exposed areas with sunscreen.
- **Wear sunglasses.** They protect your child's eyes from UV rays.
- **Apply sunscreen.** Use sunscreen with at least SPF 15 and UVA and UVB protection every time your child goes outside. For the best protection, apply sunscreen generously 30 minutes before going outdoors. Don't forget to protect ears, noses, lips, and the tops of feet.

NOTICES

PE Kit

Could you please check that your child has the correct PE kit in school. Please ensure that your child has their name in their kit.

Children should put their kit in a PE bag and hang it up in the cloakroom so that it does not go missing.

Book Club Orders are due in by 18th June



The use of E Cigarettes are **NOT** allowed to be used on Telford and Wrekin Grounds.

Golden Book

Week Ending 15th May

3G –Alex Hart

3R –Nicole White

4D –Sadie Heighway

4R –Lealan Newland

5H - Connor Mosedale

5T –Sam Elliot

6F –All year 6, for tackling the SATs with a smile and energy.

Mini School -Scarlet Hollis

Golden Table Year 6

Week Ending 5th June

3G –Annabelle Jones

3R –Lilly Gifford

4D –Billy-Jack Williams

5H –Tara Gill

5T –Hannah Ross

6F –Heather Hill

Mini School –Rikki-lee Virgo

PE –Gabrielle Chahal

