

FREE school meals

Are you entitled?

You can register your child for Free School Meals if you get any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue & Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit

www.telford.gov.uk/freeschoolmeals

01952 383983

£2 School Meal Price

Children achieve more when they've had a cooked lunch



No hassle making packed lunches



Benefits you and your child

For more information ask at your child's school office or go to www.telford.gov.uk/didyouknow



Primary Menu

September 2014 to July 2015



Working in conjunction with



1

Monday

Meat Feast Pizza,
Cheese & Tomato Pizza (V),
Jacket Potatoes,
Seasonal Vegetable Selection,
Lemon Sponge & Custard

Tuesday

Lasagne, Vegetable Ravioli (V),
Pasta, Jacket Potato,
Seasonal Vegetable Selection,
Iced Sponge Finger

Wednesday

Roast of the Day,
Savoury filled Yorkshire Pudding (V),
Roast & Creamed Potatoes,
Seasonal Vegetable Selection,
Fruit Salad with a Biscuit

Thursday

Southern Style Chicken Breast,
Cauliflower Cheese (V),
Creamed Potato, Baby New Potatoes,
Seasonal Vegetable Selection,
Ice Cream

Fish Friday

Friday Fish Selection,
Cheesy Jacket Potato (V), Chips,
Couscous,
Seasonal Vegetable Selection,
Homemade Cookie Selection

2

Monday

Big Breakfast - Pork Sausages,
Bacon, Quorn Sausage (V),
Hash Brown,
Seasonal Vegetable Selection,
Mousse

Tuesday

Spaghetti Bolognaise,
Pasta Neapolitan (V), Pasta,
Noodles,
Seasonal Vegetable Selection,
Fruit Muffin

Wednesday

Roast of the Day,
Savoury Filled Yorkshire Pudding (V),
Roast & Creamed Potatoes,
Seasonal Vegetable Selection,
Cheesecake

Thursday

Cornish Pasty, Cheese Squares (V),
Creamed Potatoes, Jacket Potato,
Seasonal Vegetable Selection,
Fruit Tart & Custard

Fish Friday

Friday Fish Selection,
Cheesy Pasta (V), Chips,
Couscous,
Seasonal Vegetable Selection,
Iced Bun

3

Monday

Meatballs, Broccoli Bake (V),
Pasta, Noodles,
Seasonal Vegetable Selection,
Chocolate Sponge & Sauce

Tuesday

Pasta, Noodles or Jacket Potato,
Cooks Choice of Sauces,
Meat & Vegetarian Option,
Seasonal Vegetable Selection,
Mousse

Wednesday

Roast of the Day,
Savoury Filled Yorkshire Pudding (V),
Roast & Creamed Potatoes,
Seasonal Vegetable Selection,
Homemade Cookie Selection

Thursday

Beef Burger in a Bread Roll,
Vegetable Burger in a Roll (V),
Jacket Wedges,
Seasonal Vegetable Selection,
Sponge & Custard

Fish Friday

Friday Fish Selection,
Pasta Neapolitan (V), Chips,
Couscous,
Seasonal Vegetable Selection,
Cupcake Selection

Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	July
W1 1 Sept	W3 6 Oct	W3 3 Nov	W1 1 Dec	W1 5 Jan	W2 2 Feb	W2 2 Mar	W3 13 Apr	W3 4 May	W3 1 June	W2 6 July
W2 8 Sept	W1 13 Oct	W1 10 Nov	W2 8 Dec	W2 12 Jan	W3 9 Feb	W3 9 Mar	W1 20 Apr	W1 11 May	W1 8 June	W3 13 July
W3 15 Sept	W2 20 Oct	W2 17 Nov	W3 15 Dec	W3 19 Jan	W1 23 Feb	W1 16 Mar	W2 27 Apr	W2 18 May	W2 15 June	
W1 22 Sept	HALF TERM	W3 24 Nov	CHRISTMAS	W1 26 Jan	HALF TERM	W2 23 Mar		HALF TERM	W3 22 June	
W2 29 Sept						EASTER			W1 29 June	